

Distance Ranking	Trail Mileage	Total Elev. Gain Feet	Elev. Gain Feet/Mile	Type	Location	Trail Name
1	1.5	10	13	loop	Wilsonville	Mentor Graphics Fit Trail
2	3.5	162	93	loop	Wilsonville	Wilsonville Memorial Park
3	2.2	45	41	loop	Wilsonville	Graham Oaks Nature Park
4	1.0	29	58	loop	Canby	Pond Loop Trail
5	4.8	72	30	out & back	Tualatin	Tualatin River Trail
6	5.7	141	49	out & back	Tualatin	Tualatin River Greenway
7	1.0	275	550	loop	Lake Oswego	Cooks Butte Loop Trail
8	4.8	449	187	out & back	Lake Oswego	Rosemont Trail
9	8.6	403	94	loop	Saint Paul	Champoeg State Heritage Area
10	1.5	187	249	loop	West Linn	Camassia Preserve Loop Trail
11	0.6	19	63	loop	Robinwood	Robinwood Community Park
12	0.6	26	87	out & back	West Linn	Fern Trail
13	0.5	26	104	out & back	West Linn	Deer Foot Trail
14	1.6	65	81	loop	West Linn	Heron Creek Loop Trail
15	1.2	39	65	out & back	West Linn	Trillium Trail
16	0.9	72	160	loop	West Linn	Riverside Trail
17	6.1	101	33	out & back	Gladstone	Trolley Trail
18	2.8	190	136	loop	Oregon City	Stone Creek Hiking Trail
19	1.2	111	185	loop	Lake Oswego	Old Main Trail Loop
20	3.5	436	249	loop	Lake Oswego	Terwilliger Trail to Lewis and Clark Trail and Big Fir Trail
21	2.1	291	277	loop	Lake Oswego	Tryon Creek State Natural Area
22	3.4	449	264	loop	Lake Oswego	Tryon Creek State Natural Area - Long Loop
23	0.7	85	243	loop	Lake Oswego	Maple Ridge Trail
24	2.4	72	60	out & back	Portland	Fanno Creek Regional Trail
25	7.3	22	6	out & back	Beaverton	Fanno Creek Trail
26	2.7	37	27	loop	Beaverton	Cooper Mountain
27	1.1	55	100	loop	Portland	Fanno Creek Greenway Loop Trail
28	0.5	6	24	loop	Beaverton	Evelyn Schiffer Park Loop Trail
29	3.6	416	231	out & back	Beaverton	Jenkins Estate Trails
30	3.1	200	129	loop	Portland	Oaks Bottom Wildlife Refuge
31	4.3	403	187	loop	Portland	Hillsdale to the River Trail
32	3.2	682	426	loop	Clackamas	Mount Talbert Nature Park Loop Trail
33	1.2	36	60	loop	Portland	Crystal Springs and Johnson Creek Trail

34	3.0	643	429	out & back	Portland	Towhee Trail
35	0.1	32	640	out & back	Portland	Condor Stairs Near Hospital
36	3.7	52	28	loop	Tualatin	Tualatin Hills Nature Park Loop Trail
37	3.3	787	477	out & back	Portland	Marquam Trail to Council Crest Hike Trail
38	30.0	2726	91	point to point	Forest Park	Wildwood Trail
39	1.5	269	359	loop	Washington Park	Hoyt Arboretum Trails
40	11.0	360	65	loop	Urban Portland	Portland River Loop Trail
41	2.5	55	44	loop	Urban Portland	Eastbank Esplanade Loop Trail
42	12.7	393	31	point to point	Urban Portland	Waterfront Bike Path to Kelley Point Park
43	1.0	16	32	loop	Hillsboro	Rood Bridge Park
44	1.2	180	300	loop	Happy Valley	Scouters Mountain Trail
45	5.1	725	284	loop	Forest Park	Balch Creek and Wildwood Loop Trail
46	14.5	1709	236	out & back	Forest Park	Aspen Trail to Rocking Chair Dam
47	5.3	813	307	out & back	Forest Park	Lower Macleay Park to Pittock Mansion
48	2.5	505	404	loop	Forest Park	Dogwood Wild Cherry Loop Trail
49	6.3	830	263	loop	Forest Park	Wild Cherry Alder Loop Trail
50	9.0	961	214	loop	Forest Park	Southern Forest Park Loop Trail
51	1.1	62	113	loop	Hillsboro	Noble Woods Trail
52	10.9	1351	248	loop	Forest Park	Willamette River: Swan Island to Kelley Point
53	1.7	272	320	loop	Portland	Mount Tabor Loop Trail
54	2.5	446	357	loop	Forest Park	Keil Loop Trail
55	1.7	196	231	out & back	Forest Park	Alder Trail
56	4.5	587	261	loop	Gresham	Powell Butte Loop Trail
57	7.1	1030	290	loop	Forest Park	Leif Erikson Drive Firelane 1 Trail
58	2.3	16	14	loop	Hillsboro	Jackson Bottom Wetlands Loop Trail
59	9.2	1181	257	out & back	Forest Park	Maple Trail
60	3.3	528	320	loop	Gresham	Orchard and Cedar Grove Loop
61	1.3	377	580	out & back	Forest Park	Hardesty Trail
62	2.9	885	610	out & back	Forest Park	Ridge Trail
63	3.7	285	154	loop	Estacada	Clackamas Riverbend Trail Loop
64	3.3	843	511	out & back	Forest Park	Waterline Trail
65	2.8	505	361	out & back	Portland	Rocky Butte Trail
66	4.4	469	213	loop	Forest Park	Wildwood Trail and Leif Erikson Drive Loop Trail
67	0.7	137	391	out & back	Forest Park	Cannon Trail
68	5.7	344	121	loop	Estacada	Milo McIver State Park Loop Trail

69	9.7	1994	411	loop	Forest Park	Northwest BPA and Wildwood Trail Loop
70	3.3	807	489	loop	Forest Park	Linnton Trail
71	11.9	2230	375	loop	Forest Park	Linnton Trailhead to Wildwood to NW BPA to Leif Erikson
72	10.3	1072	208	out & back	Forest Park	Wildwood Trail - Newberry Road to Germantown Road
73	4.2	55	26	loop	Gervais	Willamette Mission Trail
74	5.8	213	73	out & back	Boring	Cazadero Trail
75	10.2	114	22	out & back	Portland	Marine Drive Trail
76	13.6	793	117	loop	Gaston	Henry Hagg Lake Loop Trail
77	7.8	111	28	loop	Troutdale	Columbia River Gorge: Thousand Acres and SRD
78	15.6	528	68	out & back	Vancouver	Burnt Bridge Creek Trail
79	7.5	567	151	out & back	Gaston	Haines Falls, Lee Falls, Little Lee Falls
80	24.0	931	39	point to point	Banks	Banks - Vernonia State Trail
81	22.4	1627	73	point to point	Scappoose	Crown Zellerbach Trail
82	7.3	82	22	loop	Salem	Minto - Brown Island City Park
83	14.8	3989	539	out & back	Estacada	Clackamas River Trail
84	7.2	1561	434	loop	SFSP	Trail of Ten Falls
85	8.0	1046	262	loop	SFSP	Buck Mountain Trail
86	7.2	718	199	loop	SFSP	Catamount Trail
87	9.3	1371	295	loop	SFSP	Smith Creek Loop